

# OLD S'COOL CLUB



Summer 2021 Newsletter



WISHING YOU  
A VERY MERRY  
Christmas

Christmas is the celebration of God's love for everyone and a time to enjoy good company.

When we share gifts, we are reflecting the spirit of giving revealed in the nativity of Jesus and the messages of love and hope that come from His birth.

It is this spirit of kindness which can be found throughout Catholic Homes as we work to enable your needs so that you may live your best life.

Our wonderful staff have been great in 2021, working with you to achieve your goals. We at

Catholic Homes are very proud of our fabulous team who are dedicated to you and we deeply appreciate them for their compassionate call to serve. Please join me in thanking our Home Care team for their dedication to you and your loved ones.

We wish you a very merry Christmas filled with joy and laughter and look forward to being with you for a safe and prosperous new year in 2022.

With love and best wishes,

**Kylie Steele**

*Executive Manager Home and  
Community Care*

*"My idea of Christmas, whether old-fashioned or modern, is very simple: loving others. Come to think of it, why do we have to wait for Christmas to do that?"*

**BOB HOPE**

→

*Therapy Assistant Lucy Marshall with Phil doing his exercises.*

## Workin' out in Day Therapy

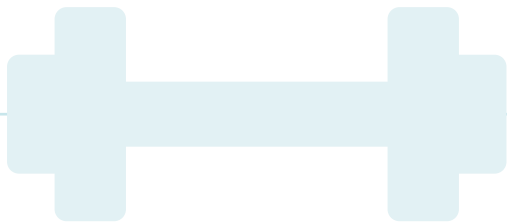


Our client Phil is making great gains since starting home physiotherapy with us a while back.

On a streak, he now maintains his efforts to build strength and balance with the help of our Day Therapy team in Guildford.

It can be difficult to start with, but once you're 'in the swing', exercise can be fun and rewarding.

*You can find out more on how our Day Therapy clients are achieving their goals at [catholichomes.com/about-our-home-care](https://www.catholichomes.com/about-our-home-care).*



*Why are mummies such big fans of Christmas? Because they enjoy wrapping.*

## VACCINATION Update

Catholic Homes is working hard to keep you safe.

Part of this is ensuring our staff are fully vaccinated against COVID-19.

All Home Care staff have received their first dose and have until 1 January 2022 to get their second dose and provide evidence to Head Office.

There are many ways and locations to seek vaccination. Visit the State and Commonwealth health websites [health.wa.gov.au](http://health.wa.gov.au) and [health.gov.au](http://health.gov.au) for details.



*If you have any health questions or concerns, please contact your GP, visit the government's COVID website at [health.gov.au](http://health.gov.au) or you can call the National COVID Information Helpline on 1800 020 080.*

## Private SERVICES

Open to everyone, with a focus on your choice and needs our Private Services involves one-on-one support from a member of our caring and respectful team.

Some examples of activities with which we've assisted are – accompany people to the theatre or to the races. We've

taken people to Rotary Club meetings, to visit friends, the cinema and to grandchildren's school assemblies. Clothes shopping and hairdressing appointments are popular choices. We've even gone for a drive up the coast to see the ocean on a beautiful summer's day. We can stay with you or simply drop you off and collect you when you're ready. The choice is yours.

*For further information call the Home Care team on 1300 244 000 or email [homecare@catholichomes.com](mailto:homecare@catholichomes.com)*

# YOUR Top 10

So we can get to know them better, we ask our staff to answer some hard-hitting questions. Introducing one of our newest team members, Case Manager Moutari Umaru! He'll be looking after clients in regional areas.

DESCRIBE YOURSELF IN THREE WORDS

Genuine, considerate and sociable

IF YOU COULD TRAVEL ANYWHERE, WHERE WOULD YOU GO?

Ghana. That's home

WHAT IS YOUR FAVOURITE DINING-OUT RESTAURANT?

Masala Indian restaurant in Clarkson

WHAT IS YOUR FAVOURITE FILM?

The Godfather

WHAT WOULD YOU SING AT A KARAOKE NIGHT?

Missing you by Faith Evans

DINNER PARTY GUEST, LIVING OR PASSED, WHO WOULD IT BE AND WHAT WOULD YOU ASK THEM?

Cristiano Ronaldo, what motivates you?

WHAT WAS THE FIRST THING YOU BOUGHT WITH YOUR OWN MONEY?  
Shoes

WHAT ADVICE WOULD YOU GIVE YOUR YOUNGER SELF?

Have fun as much you can

WHAT ARE YOU MOST PROUD OF?

Where I am in life from where I came from

WHAT IS THE BEST THING ABOUT YOUR JOB?

Making a difference in people's lives by supporting their care needs.



*New Case Manager Moutari ready to get to work.*

## CONGRATS TO Julie and Marina

We always celebrate achievements big and small at Catholic Homes.

Recently we gave thanks to two special employees who have celebrated five years with us – Support Worker Julie Bown and Case Manager Marina Tassone.

Julie, pictured here with Operations Manager John Bogoevski, is one of our longest-serving support workers who loves the fact she is still enabling some of her first clients to live well at home.

Thank you and congratulations!



## TONY BRIGHTENS UP THE DAY

"Tony is a keen gardener and thanks to his attendance at our Day Therapy Centre in Guildford, he has increased his strength and balance and is a lot more confident to attend to his gardening", says team leader Peter White.

"In his own way he shows his appreciation to the staff at Day Therapy by bringing in many delightful blooms. Today he was proud to show us his gladiolus. Thanks Tony!" Peter said.



# Regain your health

**Short Term Restorative Care (STRC) provides free convenient supports to help you retain and maintain your independence so you can stay at home longer.**

This program is suitable for older people having difficulties at home with daily living and who are not wanting to receive long term home care or residential aged care.

Our services can help you regain or recover at home and get back to things you enjoy with the people you love, at no cost to you.

You may be eligible for short term restorative care if you are an older person experiencing things such as:

- Changes to your health, mobility or memory
- Difficulty getting about or doing daily tasks
- Changes to your care arrangements.

Catholic Homes offers this service to everyone regardless of their age, beliefs or circumstances.

STRC is also available if you are waiting for a Home Care Package.

Get the help you want, it's easy to access STRC from Catholic Homes.

*Contact us on 1300 244 000 or [homecare@catholichomes.com](mailto:homecare@catholichomes.com) for more information and assistance.*

# HAVE A GO DAY FUN



A big thanks goes to our Home Care and Residential Care teams who helped make Have a Go Day a great success.

This annual event from the Seniors Recreation Council of WA aims to promote vitality and community spirit.

Here's Case Manager Faye Davies with a friend who looks lovely in her sun hat.

Here's to next year's event!

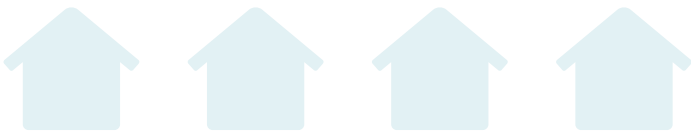
*"Christmas is doing a little something extra for someone."*

**CHARLES M. SCHULZ**



 LIKE US ON  
Facebook

We all love a laugh and we are always on the lookout for fun stories and photos. You are invited to share yours too on our very own Facebook page. Like and share with us @catholichomesaustralia.



# MORE RETIREMENT Options

Catholic Homes has four independent living villages that are attractively landscaped and well maintained all year round.

Our fully self-contained villas bring a choice of one, two and three bedrooms, each with spacious living and dining areas, built-in wardrobes, well-appointed kitchens and plenty of parking.

And if your needs change and you want to stay at home, residents can access home and community care services from Catholic Homes.

*To find out more about our retirement living services, call us on 1300 244 333 or email [retirementliving@catholichomes.com](mailto:retirementliving@catholichomes.com)*

## **Compliments, complaints and continuous improvement**

*If you love the service we provide or wish to let us know how we can improve, please tell us. There are many ways you can get in contact.  
[homecare@catholichomes.com](mailto:homecare@catholichomes.com)  
1300 244 000*



## SHARE YOUR stories

It's great to share your news and bring people together!

If you have a story, ideas, photos, jokes or anything else that will brighten the day and put a smile on a face, you can do it through this newsletter.

Text should be concise with photos of a high quality and submitted by email. Please note submissions may be edited to suit this lovely little newsletter. Drop us a line at [homecare@catholichomes.com](mailto:homecare@catholichomes.com)

## Home Care

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