



# Care with Purpose

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Our model of care



*care with  
purpose*





# Enabling you to live your best life

**Catholic Homes is a not-for-profit aged care provider that has responded to the needs of the Western Australian community for more than 50 years.**

We are proud of our Christian heritage as we encourage older people to live their best life, whether it is in one of our retirement villages, residential care homes or in their own home as part of our home care service.

As a modern organisation comprising hundreds of talented people representing a diversity of backgrounds, ages and beliefs, the Board, staff and volunteers at Catholic Homes share the core values of joy, love and hospitality.

Our values are a strong foundation on which to build a community of care where abilities are nurtured, where everyone can make choices and take the opportunities that give them greater fulfilment and happiness.

This is the basis of Catholic Homes' Care with Purpose approach. We express who we are and what we do through the following statements.

## Mission

Our Mission is to provide quality and compassionate care to older people, particularly those most vulnerable, in response to our call from a loving and creative God and guided by the healing ministry of Jesus.

## Identity

Our Care with Purpose model is founded on our belief that every person is unique, every life a sacred gift, every human being a unity of body, mind and spirit.

## Vision

To be recognised by the community as a leading provider of quality, personalised and holistic care for older people in need.

## Values

We commit to creating a community of care where joy, love and hospitality are evident in our attitudes and actions.

### JOY

*We listen and respond to what brings life, hope and meaning to others.*

### LOVE

*We give the most important gifts of love and kindness to everyone.*

### HOSPITALITY

*We create a place where all are welcome and where people feel at home.*

# What is Care with Purpose?

**At Catholic Homes we aspire to a flexible and proactive way of caring.**

Care with Purpose is the Catholic Homes' model of aged care that promotes independence and engagement, so each person can make a contribution and live a meaningful, fulfilled life with dignity and confidence.

Care with Purpose encourages and supports people to do as much as they can for themselves; to be engaged in activities, interests and hobbies that add value to their lives.

*We all know the joy of feeling at home. It is a place where people love you, where you feel safe and secure and where you are treated with trust and respect.*

Regardless of your age or ability, we will welcome you and help you live your best life, whether it's in your own home, at one of our Independent Living villages or aged care residences.

## **Being person-centred**

The way we care is different from others, we can help you reach your goals by letting you make the choices and decisions about the things which matter to you.

We can achieve this with you through understanding the factors which have shaped the person you are now, as well as knowledge of the things in your life you've done, celebrated or struggled through and the people you love.





*Our personalised care leads to successful and healthy ageing.*

This is our person-centred approach where we focus on you as an individual; your stories, your abilities and your physical, social, emotional and spiritual needs.

Each person in our team ensures you are listened to and cared for in a way that suits your goals and your physical and emotional requirements.









## The Care with Purpose difference

**At Catholic Homes we do not provide a 'one size fits all' service to residents and clients.**

We seek opportunities with you to be involved as little or as much as you like. We encourage you to make choices and decisions about your care and we respect your choices. We support you to get up when you want, choose and enjoy the meals you like, furnish your room as you would your own home.

### **How does it work?**

Care with Purpose is a flexible, innovative method of care that addresses some of the losses associated with ageing, while improving quality of life for older adults as well as those living with cognitive impairment such as dementia.

Care with Purpose is applied throughout Catholic Homes including how we plan care; set up our services and homes; and how you receive our services and participate.



# Care with Purpose in action

## Care planning

Your Care Plan is fundamental to how we respond to you. When you join Catholic Homes an individual Care Plan is developed with you by our experienced team.

We talk to you about your life and what is important to you. We focus on your health care needs and what you want to achieve.

*We support people to achieve their potential, centred on the knowledge of their past, their current abilities and physical, social and emotional needs.*

A Care Plan is forever changing, so that the healthcare and support you receive will best meet your needs, preferences and goals.

Our aim is to ensure you have greater understanding, control, independence and management of the care and services you have at Catholic Homes.

## Enabling environments in residences

At Catholic Homes we strive to create places to encourage and enable independence.

*Our 'enabling environments' make it easier for people, particularly those living with dementia or other cognitive impairments, to better understand and participate in the world around them.*

At all our residences you will see name badges, labels and clear information, inviting people to participate, to do new things and develop new friendships.

Lounges and dining areas invite you to join in, take on a role if you desire, so that you feel engaged, while you make a valued contribution.







Clear signage makes it easier to get around and find things to do, that enhance your independence and give more meaning to your day, whether it's making a cuppa, enjoying a hobby or helping around your home.

### **Your role**

We promote independence by encouraging and supporting people to do as much as they can for themselves; to be engaged in activities and hobbies that add value to their lives.

You can choose a role or a task, big or small, which helps you feel engaged, productive and valued. As well as restoring function, helping around the home can improve your confidence and self-esteem.

*Being active improves wellbeing, function and rehabilitation and reduces boredom and isolation.*

We want to do things 'with' you, not 'for' you. By becoming active and involved in your residence or home, you are helping yourself and others to lead their best life.





# Contact us

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