

OLD S'COOL CLUB



Winter 2022 Newsletter



MEET TAMMY

↑
*Tammy enjoying
her independence
at home*

Home care client Tammy is enjoying her independence at home, thanks to the team from Catholic Homes.

She particularly enjoys the close bonds she shares with her Support Worker Jade and Case Manager Nicky.

An avid artist, Tammy has painted for a time, until it was easier to switch to pencilwork. Her treasured landscapes adorn the walls of her Dianella unit where she has lived since the early 1990s.

CONTINUED ON PAGE 5 →

Winter warmers
PAGE 2

Wheatbealt chooses
us for Home Care
PAGE 3

Road to recovery
PAGE 4

We are a provider
of choice
PAGE 6

Zora and Flora
PAGE 7



WINTER Warmers

"The best gift anyone can give, I believe, is the gift of sharing themselves"

OPRAH WINFREY

I trust you are keeping rugged up and warm as the weather turns cooler and, as we know, with winter comes some very welcome rain, a blessing for farmers and gardeners alike.

Old S'Cool is your newsletter with some lovely stories about our clients' successes and news about the services that can help you achieve your goals.

I am pleased to advise that Catholic Homes has entered a partnership with local governments to bring even more community services to the Wheatbelt.

This good news is the start of an alliance which I am sure will bring great benefits to local towns in terms of in-home services and opportunities for rewarding careers in aged care.

Watch this space as the program rolls out, with information sessions to come to your area soon.

I'd like to take this opportunity to sincerely thank all our clients who participated in the recent Client Satisfaction Survey.

We value your feedback, and the survey will help us improve our services to you.

The results are being evaluated and we look forward to providing you with the results and our actions going forward.

Please enjoy reading our latest edition of Old S'Cool!

With love and best wishes,

Kylie Steele

Executive Manager Home and Community Care





Wheatbelt CHOOSES US FOR Home Care



CEACA
Supporting Age Friendly Communities

Catholic Homes has joined an alliance of local governments to deliver better in-home and community services to older people in the central and eastern Wheatbelt.

The Central East Accommodation and Care Alliance (CEACA) comprises 11 member shires that delivered 71 two-bedroom units in the region and it has asked two providers to supply home care services.

The key aim of the Catholic Homes-CEACA partnership is to provide the services and supports to enable clients to age well in their own home, connected to their family, friends and community services and amenities.

Executive Manager Home and Community Care Kylie Steele said Catholic Homes is well placed to provide a wide range of supports that meet the needs of older people and their families.

"We want communities to thrive and people to be able to get the services they need - our friendly and skilled team works with our clients to help them achieve their goals and live their best life at home," she said.

CEACA Executive Officer Richard Marshall said Catholic Homes has been extremely helpful in providing presentations and advice to CEACA and its member shires.

"Catholic Homes lives its impressive values, is very helpful and experienced and is well-resourced to assist those in regional areas," he said.

A session is being planned to be held in Merredin in coming months which will provide information and advice to suit individual needs.

*For more updates visit
catholichomes.com or
ceaca.org.au*

THE ROAD TO Recovery

Suffering the crippling effects of myalgic encephalomyelitis, also known as ME or chronic fatigue syndrome, took former police officer Anthony Wallace "down a deep hole".

The misunderstood disease nearly destroyed Tony, who has endured the decade-long condition that leaves him mentally and physically exhausted, unable to do even basic daily tasks.

"ME attacks your entire body and you end up with a very limited ability to function," he explained.

"When it's bad, you can't even put a sentence together. For a long time, my world was limited to watching the television."

A relapse in 2017 led to his medical retirement from the WA Police Force. In 2020, Tony's marriage ended after his illness

"took its toll" on his wife, leaving him "in the wilderness" of confusion and pain.

Now, very slowly, Tony is coming out of the wilderness, thanks to the compassion and care from our Home Care staff.

Since first receiving support from Catholic Homes earlier this year, Tony said his life "has been totally transformed in every respect".

He receives three visits a week from Support Workers Melanie and Krystin, who with Case Manager Sara, help Tony in and around his home and, very importantly, out and about in the community for shopping and other trips.





"This is the best I have been since 2017. I hope to improve incrementally because a cure is not in the pipeline," Tony said.

"Sara is working so hard to get me the appropriate services and the carers have become just like family because they are so focused on what is best for me.

"I look forward to my carers attending - my world has opened up again - it is bigger than a television screen now."

Tony is seen here enjoying a new garden we helped put in and, as for the future, he wants to adopt a rescue dog as a companion when his health allows.

Thanks Tony, for sharing your story with us!

MEET TAMMY

→ CONTINUED FROM PAGE 1

Her love for the bush and Australian landscapes comes from growing up in northern New South Wales where her parents worked as country doctors.

Later, she fell in love with husband Ron, and the Pilbara region, after moving to Tom Price with him for work.

Her strong faith gives Tammy a quiet inner peace. She looks forward to daily visits from her daughter and sharing the Holy Communion with her friend Helen every Friday.

"Receiving the Host from the parish is peaceful and everything just goes right," Tammy said.

Her thoughts on a good life are to always look forward and to rely on the Lord.

FOLLOW US ON Social Media

We all love a laugh and we're always on the lookout for fun stories and photos. You're invited to share yours too on our very own social pages.



WE ARE A Provider of Choice

Ever since we extended our services into the Mid West, the State Government's palliative care service has relied on us so their patients can safely remain in their own homes.

Quality of life for many equates to remaining at home with loved ones, with the support from our home and community care services, which has been acknowledged by the palliative care service.

Our services, including nursing care, housework, personal care, transport and meals, meet with everyone's wishes and help support daily living.

"The consistent quality and professionalism of the support provided

by Catholic Homes staff is expressed through positive feedback received from palliative care patients and families," wrote Health Department social worker Leon Morgan.

"Families and patients describe staff as being reliable, compassionate, respectful and authentic."

Leon said the "fantastic support" provided by Catholic Homes has enabled patients to return safely home from hospital and be there with their families: "Thank you very much for your ongoing support"!

As a result, the service is maintaining Catholic Homes as its provider of choice.

Read the full letter here:
tinyurl.com/nkpc75wv



Zora AND Flora

Our Support Worker Flora arranged traditional palacinke bread for her client Zora, so she could enjoy a family favourite.

"Zora had not had her favourites for some time because she no longer bakes," said Operations Manager John Bogoevski.

"We made this happen for her as a lovely treat as part of our meal cooking and preparation services."

As you can see the result was very well received!

We are always happy to assist all our clients at home so that they can continue to enjoy their favourites.



Services for your culture and language

Staying connected to your community and heritage is important, and at our centre in Guildford, we can help you do just that.

We offer inexpensive respite and can help you stay connected to your culture and interests with access to tailored activities and outings.

Please contact our team on 1300 244 000 for more information and help to get started.



MORE RETIREMENT Options

Catholic Homes has four independent living villages that are attractively landscaped and well maintained year round.

Our fully self-contained villas bring a choice of one, two and three bedrooms, each with spacious living and dining areas, built-in wardrobes, well-appointed kitchens and plenty of parking.

And if your needs change and you want to stay at home, residents can access home and community care services from Catholic Homes.

To find out more about our retirement living services, call us on 1300 244 333 or email retirementliving@catholichomes.com



SHARE YOUR stories

It's great to share your news and bring people together!

If you have a story, ideas, photos, jokes or anything else that will brighten the day and put a smile on a face, you can do it through this newsletter.

Text should be concise with photos of a high quality and submitted by email. Please note submissions may be edited to suit this lovely little newsletter. Drop us a line at homecare@catholichomes.com

Compliments, complaints and continuous improvement

*If you love the service we provide or wish to let us know how we can improve, please tell us. There are many ways you can get in contact.
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