

Care Planning

Your Care Plan and the
'Care with Purpose' experience
at Catholic Homes

About case conferences

Case conferences are the best way for you, your family members or representatives to be involved in the planning and monitoring of care and services at Catholic Homes.

All residents are eligible for case conferences and family members or representatives are invited to participate.

Case conferences are held at least once a year. To make sure we can address a wide range of matters, these discussions may involve health professionals from different fields, including a GP, and various other health professionals.

At any time, please do not hesitate to contact one of our nursing staff members if you would like to discuss any aspects of your care plan or the care planning process.



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What is a Care Plan?

A care plan outlines your care needs so that staff can assist you as required.

On admission and at regular intervals during your stay, staff will meet with you and undertake some assessments. Staff will discuss the results of these assessments with you and use this information to develop your care plan.

Care plans contain information about the level of support you may need with your activities of daily living such as:

- Showering
- Dressing
- Toileting
- Sleeping
- Lifestyle preferences
- Nutritional choices
- Medications
- Any specific nursing care that you may require.

How can I get involved?

Staff will work in partnership with you to create your care plan. During the creation of the care plan you will be asked about your preferences, choices and wishes. These will be written into your care plan.

Can I get a copy of my Care Plan?

Yes, absolutely. Please approach one of our nurses who will assist you with the provision of a copy of your Care Plan.

What if I don't think that I need the level of care that is in my Care Plan?

Your Care Plan is compiled in conjunction with your preferences, choices and in line with your medical diagnoses – the care plan provides full information to allow staff to know what care and support that you may need on both your 'good' and your 'bad' days.

What if I want to do something that staff think may not be 'safe' for me?

Catholic Homes' policy is to support residents to live the best life that they can. We recognise that residents have the right 'to do the things that they want to do', therefore, we support 'the dignity of risk'.

You will be encouraged to inform us of what you would like to do. Our clinical staff will explain any potential risks to yourself and to those around you. If the team believes the risk is high, there will be a relevant assessment which will help guide us and you in your care support and delivery.

What is 'Care with Purpose' at Catholic Homes?

At Catholic Homes, we aspire to take a flexible and proactive approach to caring. Our care model, "Care with Purpose" focuses on helping each person to live a life of purpose in an environment that promotes independence and engagement. Our model supports people to achieve their potential and is centred on knowledge of the person's past, their current abilities, and physical, social and emotional needs. It promotes independence by encouraging and supporting people to do as much as possible for themselves, so they remain active and busy.

Care with Purpose incorporates our values of joy, love and hospitality.

Why is Person-Centred Care Important?

When we get to know you well, we can then provide care that is more specific to meet your individual goals.

By promoting and supporting greater resident responsibility, residents are more likely to engage in treatment decisions, feel supported and be empowered to partner in any care decisions.