

OLD S'COOL CLUB



Summer 2022 Newsletter



HAPPY 108TH BIRTHDAY, BID

Good health and a can of beer a day have helped Bridget achieve her 108th birthday, making her a top Australian supercentenarian.

Known affectionately as Bid to her family and friends, Bridget was born 18 November 1914 to a family of seven children.

Bid and her siblings were raised mostly around Kalgoorlie but moved around WA due to her father's job as a train driver.

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Merry Christmas

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*"In the end, it's not the years
in your life that count. It's
the life in your years."*

ABRAHAM LINCOLN

WISHING YOU A VERY Merry Christmas

Christmas is a special time when we celebrate the birth of Jesus and share His message of love, hope and peace to the world.

Being connected to each other in this way brings meaning to everyone and is expressed at Catholic Homes through our values of joy, love and hospitality.

Our home care team is dedicated to you and has worked very hard this year to help you achieve your goals, big and small.

Because when you feel good, or improve, or reach a milestone, we celebrate with you.

In this edition we say congratulations to our amazing home care client Bridget, who turned 108 in November!

And another client, Maureen, has given selflessly to residents in aged care. Both ladies are great examples of the spirit of love and joy we all share.

Closer to home, please join me in deeply thanking the Catholic Homes Home Care team for their dedication to you and your loved ones this year.

We wish you a joyous Christmas and look forward to being with you for a safe and prosperous new year in 2023.

With love and best wishes,

Kylie Steele

*Executive Manager Home
and Community Care*



*"I would rather die of
passion than of boredom."*

VINCENT VAN GOGH

COMFORTING GIFTS in aged care

Our Home Care client Maureen is giving back through her dedication to crocheting colourful blankets for aged care residents and premature babies.

Staff members Tiffany and Kerry delivered a bunch of blankets to our residents at Castledare where they were "warmly received"!

Maureen taught herself and created her first blanket when she was only eight years old.

"I just love making the blankets, it makes me feel good and keeps me busy in the evening," she said.



"I don't go to the shops anymore as I can't walk very far these days so I would greatly appreciate any donations of 8-ply wool."

If you wish to donate wool to Maureen, thank you and please contact Case Manager Kerry Goodrem on 1300 244 000 or homecare@catholichomes.com.

↑
Staff members Tiffany (right) and Kerry (left) deliver blankets to Maria at Castledare.



LIKE US ON
Facebook

We all love a laugh and we are always on the lookout for fun stories and photos. You are invited to share yours too on our very own Facebook page. Like and share with us [@catholichomesaustralia](https://www.facebook.com/catholichomesaustralia).

INTRODUCING Kim

So that we may get to know them better, we ask our staff to answer some hard-hitting questions.

↓
*Meet our Case Manager,
Kim Procter!*

DESCRIBE YOURSELF IN THREE WORDS

Bubbly, friendly and fun

IF YOU COULD TRAVEL ANYWHERE,
WHERE WOULD YOU GO?

Italy

WHAT IS YOUR FAVOURITE DINING-OUT
RESTAURANT?

The Golden Dragon for the duck and pork

WHAT IS YOUR FAVOURITE FILM?

The Rocky Horror Picture Show

WHAT WOULD YOU SING AT A
KARAOKE NIGHT?

I usually sing with my partner, and we have three songs: Stumblin' In, Islands in the Stream and Don't Go Breaking My Heart

DINNER PARTY GUEST, LIVING OR PASSED,
WHO WOULD IT BE AND WHAT WOULD YOU
ASK THEM?

My dad, who sadly passed away in 2019.
I always have a million questions for him

WHAT WAS THE FIRST THING YOU
BOUGHT WITH YOUR OWN MONEY?

Perfume

WHAT ADVICE WOULD YOU GIVE YOUR
YOUNGER SELF?

Follow your dreams

WHAT ARE YOU MOST PROUD OF?

My family

WHAT IS THE BEST THING ABOUT
YOUR JOB?

There are so many good things about my job.
I do love to hear people's stories, most people
have lived extraordinary lives

Freo hosts BIG DAY OUT

Clients at our Wellness Centre at St Vincent's enjoyed some fish and chips at Cicerello's and a tour of Fremantle's historical sights during a recent bus trip to the port city.

We spent time enjoying each others' company, eating fresh seafood and taking in an exciting change of scenery, as part of the journey from the centre in Guildford.

Our day trips run once per month and are organised collaboratively between clients and the team.

Doreen, a long time attendee, thoroughly enjoyed the experience and is excited to plan the next outing.



"It was excellent," she said, "I'd forgotten how delicious fish and chips could be!"

The group finished their meal with some ice cream and a coffee!

Services for your culture and language

Staying connected to your community and heritage is important, and at our centre in Guildford, we can help you do just that.

We offer inexpensive centre based respite and can help you stay connected to your culture and interests with access to tailored activities and outings.

*Please contact our team on
1300 244 000 for more information
and help to get started.*

HAVE A GO Day

Perth's premier event for the over 50s burst into action last month and we went all-out retro to celebrate.

My wife told me to stop impersonating a flamingo. I had to put my foot down.

To help promote our services Case Manager Kim Procter joined Executive Manager Mission Rose Santoro and Marketing Manager Roley Myers; together with Care with Purpose Advisor Judith Smith.

Guests enjoyed decades of hits from the juke box while taking turns on retro-inspired The Who, The Beatles and Kiss pin-ball machines.

We can't wait for next year to bring more excitement and fun!



Kim Procter (left), Rose Santoro (centre) and Roley Myers (right) helped promote Have a Go Day.



HAPPY 108TH BIRTHDAY, BID



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Remarkably, her mother cared for her family with only one arm – doing all the cooking and cleaning single-handedly after losing her right arm in an accident, Bid keenly pointed out.

When asked how she felt about turning 108, Bid cracks a smile and joked: "it feels much the same as 100!"

"I am just lucky I have good health," she said, "I have confidence that helps a lot, I'll take anything on."

Bid has seen many changes in Perth over the decades and she is astounded at the growth of the city.

Meeting her husband Jim at a social event in West Perth, she soon married due to his conscription into the armed forces during World War Two.

The couple had four children and Bid counts 12 grandchildren and several great-grand kids as her descendants.

While not an indulgent drinker, Bid enjoys a can of Emu Export beer a day – her favourite brew for many years.

Supported by Catholic Homes, Bid is proud to live independently in her own home and for many years was an active member of a local exercise group.

She has an eye to the future too, hoping to travel to country WA to take in the sights.

And her advice for a good life? Naturally, good food, some exercise and, of course, a can of Emu!

FOLLOW US ON Social Media

We all love a laugh and we're always on the lookout for fun stories and photos. You're invited to share yours too on our very own social pages.

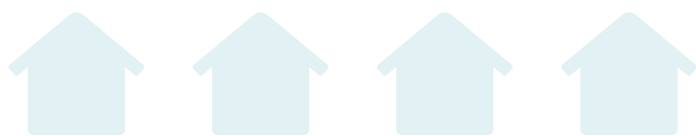


PRIVATE SERVICES WITH CATHOLIC HOMES

Did you know we offer private services to people living in the community, in Residential Care and Independent Living?

If you or your loved ones find it difficult to attend appointments, community based activities or visit friends unaccompanied, we can offer one-on-one support workers from our Home Care Service to accompany you.

This service is tailored to suit your individual circumstances and can include assistance such as visiting family and friends, joining a club or an event, going shopping or to appointments. These can be regular or once-off under a fee-for-service arrangement.



MORE RETIREMENT Options

Catholic Homes has four independent living villages that are attractively landscaped and well maintained year round.

Our fully self-contained villas bring a choice of one, two and three bedrooms, each with spacious living and dining areas, built-in wardrobes, well-appointed kitchens and plenty of parking.

And if your needs change and you want to stay at home, residents can access home and community care services from Catholic Homes.

To find out more about our retirement living services, call us on 1300 244 333 or email retirementliving@catholichomes.com



SHARE YOUR stories

It's great to share your news and bring people together!

If you have a story, ideas, photos, jokes or anything else that will brighten the day and put a smile on a face, you can do it through this newsletter.

Text should be concise with photos of a high quality and submitted by email. Please note submissions may be edited to suit this lovely little newsletter. Drop us a line at homecare@catholichomes.com

Compliments, complaints and continuous improvement

If you love the service we provide or wish to let us know how we can improve, please tell us. There are many ways you can get in contact.
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