

Position Description Home Care Exercise Physiologist

Purpose of the Position

This position is responsible for supporting clients' needs as determined by the Exercise Physiologist. Exercise Physiologists specialise in clinical exercise interventions for clients with a broad range of health issues to maintain or improve levels of physical function. Their interventions are exercise-based and include health and physical activity education, advice, support and lifestyle modification, and include ongoing evaluation.

This role is also responsible for provision of training and support to Physiotherapy Assistants, Support Workers and Wellness and Reablement Officers as required.

Reporting to

This position reports directly to the Clinical Manager of Home Care Services and works closely with Home Care Physiotherapists.

Organisational Values

Catholic Homes is committed to employing a caring and dedicated team of employees who provide services that enhance the quality of life of our residents/clients. Staff are called to behave in such a way that upholds the Catholic Homes' Values and demonstrates a commitment to working co-operatively and collaboratively.

A commitment to the Values of Catholic Homes is reflected in the attitudes, behaviour and actions of staff. This is in the form of decision-making processes, adherence to policy and procedures, the quality and nature of the services, provision of staff development programs, implementation of tasks and in the way people are related to and cared for, particularly Staff and residents/clients.

A commitment to confidentiality of information requires all Staff to take reasonable precautions to maintain the non-disclosure of any confidential information about other staff members or clients as well as the general operations and affairs of the organisation to any person other than those approved by the Organisation.

Duties and Responsibilities

Corporate Ethos

- Demonstrates and understands Catholic Homes' Vision, Values and Statement of Identity in dealing with other staff and clients;
- Demonstrates and complies with the Code of Conduct;
- Demonstrates, understands and actively participates in Catholic Homes' care model, "Care with Purpose", in all undertakings relating to the provision of care and services to clients.
- Demonstrates and participates in Continuous Improvement Programs;
- Demonstrates consistent application of the principles of Continuous Quality Improvement;
- Has sound knowledge of mechanisms available to staff and clients for the provision of feedback and takes appropriate action to follow up comments, complaints and compliments.

Home Care

- Support and review of Clients' needs to maintain or improve levels of physical function;
- Provides necessary documentation to support relevant funding requirements and quality standards;
- Implement physiotherapy programs for clients and ongoing evaluation of those programs;
- Uses advanced clinical knowledge and skills to support clients with more complex problems;
- Familiarises and contributes to Clients documentation pertaining to assessment at admission to the program. Ensures programs are reviewed on regular intervals based on input from Physiotherapist. Monitor clients progress and outcomes;
- Complete progress notes in accordance with Catholic Homes Policies and Procedures.
- Liaising with Physiotherapist, regularly reviews assessment methods and documentation to ensure relevance and accuracy and regularly evaluates the effectiveness of objectives and programs;
- Participates in Client Care planning meetings as appropriate;
- Liaises with community agencies as appropriate;
- Provides appropriate supervision, direction and support to physiotherapy support staff and other personnel supporting the client;

Workplace Health and Safety

- Ensures, promotes and complies with safety in the workplace.
- Takes care of property and equipment and report faults promptly.
- Report and analyse Hazards, Accidents and Incidents promptly and accurately.
- Utilises resources and equipment economically and safely.
- Familiarise yourself with all emergency procedures.
- Responsible for the promotion and maintenance of a safe working environment.
- Takes appropriate action to ensure own health and safety.
- Ensures correct manual handling techniques according to manual handling guidelines and policies.
- Contributes to workplace risk assessment and hazard control activities.

Compliance and Reporting

- Understands and complies with the Catholic Homes' guidelines, policies and procedures (as amended from time to time).
- Participation on Surveys and Audits.
- Maintains confidentiality of Home Care clients.
- Attends all compulsory and recommended training and meetings as required.
- Understands and adheres to relevant legislation and Best Practice.

Expected Behaviours

- As a member of Catholic Homes Home Care Team, you will be required to work with other staff cooperatively and accept reasonable and lawful instructions and recommendations by Supervisor/Registered Staff when necessary.
- As a member of Catholic Homes Home Care Team, there may be occasion where you may be required to work across one or more sites to provide assistance and support to your fellow team mates;
- Provides guidance and support to non-regulated staff where suitable
- Communicates effectively in a constructive, courteous, respectful and professional manner;
- Treats fellow team mates professionally and with respect;
- Where applicable, allow clients to make individual choices and treat them with dignity and respect in line with Catholic Homes' care model, currently "Care with Purpose"
- Maintains a positive and professional outlook whilst at work;
- Accepts and provides constructive feedback;
- Maintains high standards of care;
- Possess reasonable level of physical fitness to perform the duties of the role;
- Accepts responsibility for own action;
- Identify own learning needs and accept training as recognised by the Line Manager and/or organisation as necessary
- Maintains confidentiality at all times.
- Maintains own Registration and PD hours

Acknowledgement

Exercise Physiologist – Home Care

As the incumbent of this position, I have read and understood the responsibilities and other requirements as detailed in this document.

Name: _____ Signature: _____

Date
appointed: _____ Date: _____