

Enjoy the things you love

Thrive is our newest initiative that brings together two of our popular wellness and reablement programs.

Through our two programs - Strive and Nourish to Flourish our aim is to help you to regain and retain your capacity, abilities, and interests so you can stay in your own home longer.

We'll enable your needs so you can live a full life with the people and things that bring you joy.

BENEFITS

- Reach your goals with personalised in-home health, wellbeing and support services
- Easy access to general and post operative care, and injury and physical rehabilitation
- A safer home environment for peace of mind.

For more information or to join Thrive with Catholic Homes, call our friendly team on 1300 244 000 or email homecare@catholichomes.com

Strive with Personalised Wellness and Health

Empowering in-home support, tailored to you



HOME CARE

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care with
purpose



thrive

Strive

The first program tailored to your needs is called 'Strive' and it delivers our personalised nursing, exercise, physiotherapy, and occupational therapy services.

Some of the services you can benefit from include:

✚ NURSING CLINICAL CARE

Our qualified nurses help manage your health, including clinical care (such as post operative care, blood sugar and health checks, wound care and medications), assistance with referrals and care planning to name a few.

🧘 PHYSIOTHERAPY AND EXERCISE

It's vital to regain and maintain physical fitness, capacity and strength to go about your day-to-day. Our physiotherapy and exercise physiology experts can design your individual program and help you stay on track.

👐 OCCUPATIONAL THERAPY

Our occupational therapists work with you to plan your goals, maximise your abilities, and ensure your home environment is safe and accessible so you can get on with your day.



Eligibility

New and existing clients can benefit from Thrive with Catholic Homes. If you are receiving Short-Term Restorative Care, a Home Care Package, or private services, you may be eligible for Strive. If you are with the entry-level Commonwealth Home Support Program, you may not be eligible for services. Please call our office for more information.

How much does it cost?

For STRC and Home Care Package clients Thrive with Catholic Homes is delivered as part of the Government-subsidised home care, this means there are no out-of-pocket costs to these clients: we can help you get the best from your home care budget.

How to apply

For more information or to join Thrive with Catholic Homes, call our friendly team on 1300 244 000 or email homecare@catholichomes.com.

About Catholic Homes

Catholic Homes is a not-for-profit aged care provider that has responded to the needs of the Western Australian community for more than 50 years.

OUR DIFFERENCE

When you join Catholic Homes, you'll know straight away we're your greatest advocate for your best life at home and in the community.

We care about your wellness, independence and right to live the life you choose.

We won't limit your choices – we welcome people wanting improvements, change and creativity.

People are choosing Catholic Homes because of the quality of the service and friendly support they receive from us every day:

- No daily care fees
- No gimmicks or giveaways
- We strive to always do what we promise
- Dedicated personal service not big, faceless call centres
- Ongoing support from the same staff members
- Easy-to-read statements and a transparent fee schedule.