

# Out and About



*care with purpose*



## Sr Mary Glowrey

One of our first residents, Kath, meeting the Archbishop Rev Timothy Costello.

Sr Mary Glowrey (1887-1957) was the first Catholic religious sister to practice as a doctor. The Catholic Church is investigating her Cause for Canonisation and declared her a Servant of God in 2013.

Catholic Home's newest residence, located in Belmont and opened on 14 September, is named after Sr Mary Glowrey. The residence features 96 places, open-air courtyards, covered balconies, natural light throughout, and tree-lined sensory garden spaces.

Sr Mary Glowrey

## Teamwork

Led by the talented Damiano Montagnese, the Hotel Services team and Lifestyle Coordinator Domenica Romano demonstrated their talents in presenting delightful refreshment at Catholic Homes' newest residence, Sr Mary Glowrey.





Archbishop Goody

## Araluen

Archbishop Goody took a gamble on the weather recently and went on a trip to Araluen to see the beautiful tulips. The weather held out, and everyone took a stroll around the garden and reminisced about plants and songs.



Archbishop Goody

## Interests

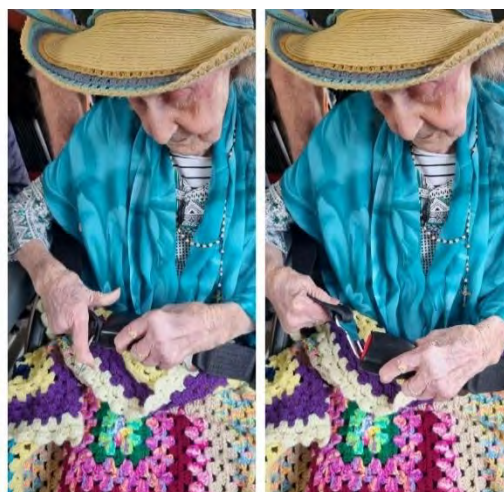
Maureen and John Easson take time out of their day to relax and colour after lunch.



Archbishop Goody

## Safety First

Maureen makes sure she is all buckled in on the bus.





Archbishop Goody

## Contributing to Community

Oliver helping in the dining room by changing the tablecloths after meals.



Archbishop Goody

## Talents and Skills

Jim is in the garden teaching a TAFE Adult Migrant English language student about the different plants we grow around the residence and planting new everlasting seedlings.



Archbishop Goody

## Enjoying Sunshine

Getting out on the lawns and enjoying the sunshine and having a yarn with our neighbours passing by.



Ocean Star

## Ocean Star Talent

A piano duet is a piece of music written for two people to play at one piano, and it is often called Piano Four Hands.

Clinical Nurse Hayley and resident pianist Lancee took the opportunity to enjoy playing together the recently tuned piano at Ocean Star.

Lancee regularly shares her talents with an appreciative audience. It was lovely to have Hayley share her talent as well.



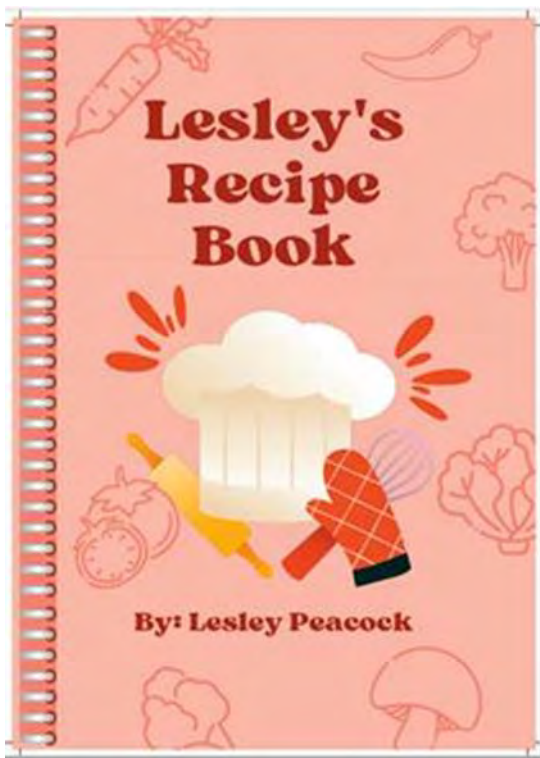
Ocean Star

## Ocean Star Talent

Annie at Ocean Star has a talent for colouring canvasses. She has coloured countless pieces and gets enjoyment from giving them to others.







## St Vincent's

### Lesley's Talent

We don't have a recipe from Lesley to share this edition, but we are happy to announce that Lesley has published a recipe book full of delicious recipes! We love that we could capture her knowledge and skills in the cookbook and can't wait to share it with others.



## St Vincent's

### Visit to St Michael's

We visited a local primary school where the students prepared and sang songs for us. We then had afternoon tea together and enjoyed engaging with each other. Intergenerational connection is rewarding. We cherish opportunities to engage with the younger generation.





**St Vincent's**

## Araluen in Spring

We visited Araluen to see the beautiful tulips in bloom. Seeing the range of colours and beauty was a joy for all.





Castledare

## King's Park

Joe feeds the Magpie, and Shirley and Yasmin continue their companionship while visiting King's Park on a glorious day. Kings Park was named in 1901 to celebrate King Edward 11 ascension to the throne.



Castledare

## Interests

Rene is interested in puzzles and visits the puzzle station in Meares House most days to enjoy his interest.





Trinity

## Talent

Moyra started painting at the age of 56 without any training.

She loves the beauty of art and works in oils, watercolours, acrylic, and pastel mediums but says her favourite would have to be oils.

Moyra loved painting in a quiet place by herself because she found it relaxing.

Moyra enjoys all her paintings, but her favourite subject to paint was flowers.

She belonged to the Trigg Art Club and entered works into many exhibitions such as the Royal Show, Rotary Club, Army Art, Artcenta, and the Waratah and Trigg art exhibitions.

Moyra won several awards, met some wonderful people, and made great friends through painting.

She felt very touched when people commented on her work or purchased one of the paintings and hung it in their home, including a man from New York, who bought a painting of the Perth skyline Moyra had painted out on the ocean from a boat looking back towards the city.

He took the painting to New Year and hung it in his office at the bank he worked at to remind him of his time in Perth.

Moyra doesn't paint as often now due to an eye condition; however, she has an album on display in House 35 at Trinity Village.

The album contains the history of Moyra's painting career, awards, and achievements, which she often enjoys sharing with visitors and staff.

Occasionally, the easel and paints are set up during one-on-one sessions to create the environment Moyra enjoys. Thank you for sharing your talent, Moyra.







Trinity

## Wembley Choir

On Thursday, 31st August, the Wembley Choir visited Trinity Village.

Residents enjoyed their choice of songs from *Singing In The Rain*, *Waltzing Matilda*, and *You'll Never Walk Alone*.

A few cheeky characters popped in to say hello to!



Trinity

## Visiting Teachers

On Friday, the 18th of August, teachers from Sacred Heart School visited Trinity Village for morning tea and fellowship.

What a lovely surprise we had when they turned up with their instruments and enthusiasm.

Everyone enjoyed singing along during a Devonshire tea.





# Words from Words

# Congratulations

How many words can you find in **congratulations**? The Lifestyle team will help you to submit your word list.

[illegible]

Achievement was the word for the August word game.

Mary, at Ocean Star found 139 words, and at Trinity, Sannie found 80, Shirley found 95, and Patricia found 100 words. From Castledare Penny found 133, Laurie 94, Diane 44, Thelma 48, Len 32, and Shirley 37. Well done to everyone.



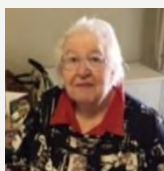
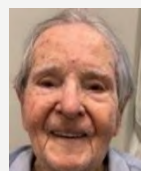
Mary



Sannie



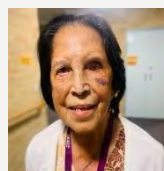
Patricia

 Shirley Penny

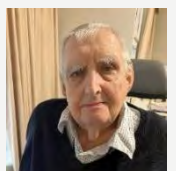
Laurie



Shirley



Thelma



Len





Feature

## Dulcie Cox

Dulcie was born in June 1923 and was raised in Deloraine on the Meander River in the central north of Tasmania.

Dulcie served in the war by making uniforms. She has worked as a shop assistant at Boans, David Jones, and Myers. Dulcie has also loved working with children and worked as a nanny while in Adelaide. Dulcie moved to Perth and has lived in Highgate and Karrinyup. She has enjoyed holidays with her family in Kalbarri and Yanchep. Dulcie now lives in Guildford at St Vincent's. Dulcie shares that her secret to success is treating everyone with kindness and love.

p 1300 244 111

e [catholichomes@catholichomes.com](mailto:catholichomes@catholichomes.com)

[catholichomes.com](http://catholichomes.com)



*care with  
purpose*