

OUT & ABOUT

APRIL 2025

Easter

Residents enjoy arts and crafts, chocolate making and Easter egg hunts.

ANZAC services

ANZAC Day services pay respect to those who serve and have served our country.

Bus outings

Many bus outings enjoying the outdoors, walks, and the local wildlife.





Welcome to our April edition

April has been a month filled with joy and reflection.

We all came together to celebrate the Easter season with creativity and reverence – through arts and crafts, Good Friday masses, and Easter Sunday morning teas. It was a time to pause, reflect and enjoy the holy period.

We also marked ANZAC Day with gratitude and remembrance, honouring those who have served and continue to serve our country.

Throughout the month, residents enjoyed a variety of outings and spent time outdoors, as well as taking part in fun and engaging activities at home.

We look forward to seeing what activities May has in store!



ST VINCENT'S

Easter and ANZAC celebrations

Easter celebration

We had a lovely time celebrating Easter with our residents!

Everyone enjoyed a tasty Easter lunch, with bunny ears and good conversation around the table. We also got into the spirit with some fun arts and crafts – painting with Easter colours and themes.

*Everyone enjoyed a
tasty Easter lunch!*

ANZAC Day

This month, we gathered at St Vincent's to honour ANZAC Day with a special service led by Julie Nelson from the RSL.

Together, we remembered the brave men and women who served and sacrificed for our country. Julie shared thoughtful words and led us in reflection, prayer, and the laying of wreaths. It was a meaningful time to come together, show our respect, and say, Lest We Forget.



*Julie shared
thoughtful words
and led us in
reflection.*

ST VINCENT'S

Hand therapy

Our residents had a great time taking part in hand therapy this month!

The warm wax and relaxing hand exercises made for a soothing and enjoyable experience. Many shared how good it felt to get their hands moving and even had a few laughs along the way!

It was a soothing and enjoyable session.



April birthday wishes

This month, we celebrated our wonderful residents with April birthdays.

The room was filled with laughter, beautiful decorations, delicious cake, and heartfelt birthday wishes to all our April birthday stars!



Bingo brings some smiles

Bingo is always a hit with our residents!

It's a great way to spend time together, share a few laughs, and enjoy some friendly competition. Everyone loves the thrill of waiting for their number to be called and the cheer when someone shouts "Bingo!"

Whether it's for a small prize or just the fun of the game, Bingo always brings smiles and good company at St Vincent's.

It's a great way to spend time together, share a few laughs, and enjoy some friendly competition.

SISTER MARY GLOWREY

Easter highlights

Easter at Sister Mary Glowrey was a time of joy, reflection, and community.

The week began with residents crafting palm crosses in preparation for Palm Sunday, followed by a deliciously fun chocolate-making session, setting a sweet tone for the days ahead.

A highlight of the week was our Easter High Tea, where residents and staff

came together to share laughter, conversation, and plenty of treats. A surprise visit from the Easter Bunny added a magic touch, bringing smiles all around.

The celebrations concluded with Good Friday and Easter Mass, followed by a cheerful Easter egg hunt everyone enjoyed.

A surprise visit from the Easter Bunny added a magic touch.



Everyone enjoyed an Easter egg hunt.

*Beautiful
handmade
wreaths were laid
in remembrance.*



ANZAC Day reflections

On Friday, 25 April, Sister Mary Glowrey marked the 110th anniversary of the Gallipoli Campaign with a moving ANZAC Day service. Residents, staff, and visitors gathered to pay tribute to those who have served and continue to serve our country.

Beautiful handmade wreaths were laid in remembrance, and residents and staff shared reflections.

The morning concluded with a peaceful morning tea featuring traditional ANZAC biscuits, tea, and coffee, a fitting way to honour the day.



A visit from the animal farm

Everyone at Sister Mary Glowrey was excited at the arrival of the mobile animal farm.

We were greeted by many cute animals including bunnies, guinea pigs, chickens, chicks, lambs, goats, and a horse. Our residents were delighted to pet, feed, and connect with the gentle animals.

The visit sparked laughter and quiet joy, creating a calming and uplifting experience that left a lasting impression on all.



ARCHBISHOP GOODY

Bus outings

JH Abrahams Reserve, Crawley

Residents spent a lovely afternoon at JH Abrahams Reserve in Crawley, enjoying the peaceful surroundings, calm waters, and an abundance of birdlife.

With perfect weather on their side, it was a relaxing outing. We're looking forward to returning in Spring or Summer for a BBQ!

Tomato Lake

Visiting Tomato Lake allowed residents to enjoy afternoon tea outdoors, take a leisurely walk, and admire the local wildlife. It was a refreshing and tranquil way to spend the day.

*Residents enjoy
the outdoors
and taking
leisurely walks.*





ARCHBISHOP GOODY

Belmont op shops

Eugene was thrilled to explore the second-hand bookstores during our trip to Belmont.

He found joy in browsing the collections and reflected on how accessible these shops are for people on a budget. He picked up a few books and plans to bring a trolley for the next visit!

Jim and Margaret also had a great time, leaving with a small haul of CDs and DVDs from the op shops.



John Mason's musical memories

John Mason deeply loves music and fondly recalls playing the old organ at Archbishop Goody many years ago.

Today, he still enjoys his tunes through a CD Walkman, which allows him to listen to music anywhere in the home.

*John enjoys listening
to music on his
CD Walkman.*



Burswood Park

Residents took a relaxing afternoon trip to Burswood Park.

It was a vibrant outing, with many Muslim community members enjoying the park during Ramadan, adding to the atmosphere and sense of community.

Physical therapy activities

Residents enjoy regular physical therapy activities, which offer a great mix of movement, engagement, and fun.

Various photos from these sessions show the smiles and energy of everyone involved.

*Physical therapy offers
a mix of movement,
engagement, and fun.*





*Veterans,
Fred (94)
and Peter (98)
assisted with
the ceremony.*

OCEAN STAR

Easter and ANZAC Day

Easter and ANZAC Day arts and crafts

Everyone enjoyed getting creative with Easter and ANZAC Day crafts, which made for a fantastic display in the family room.

Residents enjoy getting creative making arts and crafts.

ANZAC Day

Our ANZAC Day service was heartfelt and memorable.

Two of our veterans, Fred (94) and Peter (98), proudly assisted with the ceremony. Afterwards, friends and family joined us for morning tea.



OCEAN STAR

Sultans of Sound concert

The Sultans of Sound visit every three months, bringing high energy and a great mix of songs, from ballads to classic rock and roll, that get residents dancing, singing, and clapping along.



Bus outing

On our recent bus outing, our residents were joined by a group of children on their own excursion.

The children happily waited with them for the bus and shared some lovely moments together.

Care with Purpose

Sue Miller and her beautiful granddaughters rolled up their sleeves and got their hands dirty by gardening in the courtyard.

Sue and her granddaughters enjoying gardening.





Mary Culph's family plaque

Our beloved resident Mary Culph visited her farm this month to celebrate 100 years of farming in the Pemberton region.

Five generations of her family joined Mary to unveil a plaque at their family farm, it was a wonderful occasion, and companionship among all involved.

Mary celebrated 100 years of farming by unveiling a plaque.

LiveLighter Aged Care Games

Our fabulous Ocean Stars took part in the LiveLighter Aged Care Games in April.

It was a fun-filled day of friendly competition, laughter, and community spirit. The team gave it their all in each activity, showcasing enthusiasm, teamwork, and plenty of smiles. Every participant and coach received a medal for their efforts.





TRINITY

Lunch in White at Trinity

This month, Trinity residents were treated to a White Luncheon held in the beautiful main garden.

The setting was stunning, a sea of white décor and outfits brought the theme to life, with everyone embracing the occasion in style.

Under clear blue skies and warm sunshine, the garden offered the perfect backdrop for a relaxing and elegant afternoon. Guests were served a delicious three-course meal, with highlights including a flavourful pistachio-crusted lamb loin.

A heartfelt thank you goes out to our dedicated staff, talented chefs, and generous volunteers who brought this memorable event to life.

Your hard work and care continue to make days like these so special for everyone at Trinity.

*A sea of white décor
and outfits brought
the theme to life.*

*Guests were
served a
delicious
three-course
meal.*



TRINITY

ANZAC memorial

This ANZAC Day we gathered for a special service run by our residents and staff.

It was a meaningful time to pay tribute to those who have served and show our respect. For our Trinity residents Ian and Judith, the day is a time of deep reflection. Lest we Forget.

*Gathered for a special service
run by our residents and staff.*



ANZAC arts and craft

Residents at Trinity baked an all-time favourite, ANZAC biscuits.

Everyone took turns to mix the ingredients and roll the dough into biscuit shapes – great teamwork! Some of our residents also enjoyed decorating their own hats with flowers using their favourite colours. They turned out great and we have been wearing them ever since!



TRINITY

Picnic bus trip

This month, we ventured out once again on one of our much-loved picnic bus trips.

Surrounded by the beauty of nature in a local park, we were even joined by a friendly magpie who seemed to enjoy our company as much as we enjoyed his.

The day was filled with the sounds of birds and nature. Everyone relaxed over a picnic lunch of fresh sandwiches and warm cups of tea, soaking in the glorious autumn sunshine.



We were even joined by a friendly magpie who seemed to enjoy our company.



Join our Consumer Advisory Body



Catholic Homes invites clients, residents, families and representatives to join our Consumer Advisory Groups and shape the future of aged care.

To ensure your voice is heard, our Consumer Advisory Groups are actively engaged across six aged care facilities and Home and Community Care services.



For more information, chat with our team, scan the QR code or visit catholichomes.com/consumer-advisory-body

CASTLEDARE

ANZAC service

On Friday, 25 April, Castledare held an ANZAC Day service to honour those who served our country.

Residents gathered to reflect and pay their respects. Handmade wreaths were laid as a symbol of remembrance, and some residents chose to speak during

the service, sharing heartfelt words. It was a quiet and meaningful time for everyone to come together and acknowledge the importance of the day.



*Handmade
wreaths were laid
as a symbol of
remembrance.*



Easter weekend

Over the Easter weekend, Castledare residents took part in several activities to mark the occasion.

On Good Friday, a Mass was held, bringing everyone together for a time of reflection. Easter Sunday was celebrated with a morning tea, where residents enjoyed chocolate Easter eggs and hot cross buns.

It was a meaningful time shared with others, honouring the spirit of Easter in a peaceful and thoughtful way.

Residents enjoyed chocolate Easter eggs and hot cross buns.



OUR RESIDENTS

Meet Wendy

Some fun facts:

- My favourite movie is Dirty Dancing.
- If I could have dinner with anyone alive or deceased, it would be my grandfather. He was a great man.
- I love spending time with my great-grandies - they're beautiful!
- My favourite food is anything with chicken.
- My advice is to get a nice man and keep him.



*I love being at
Catholic Homes
because I feel safe.*



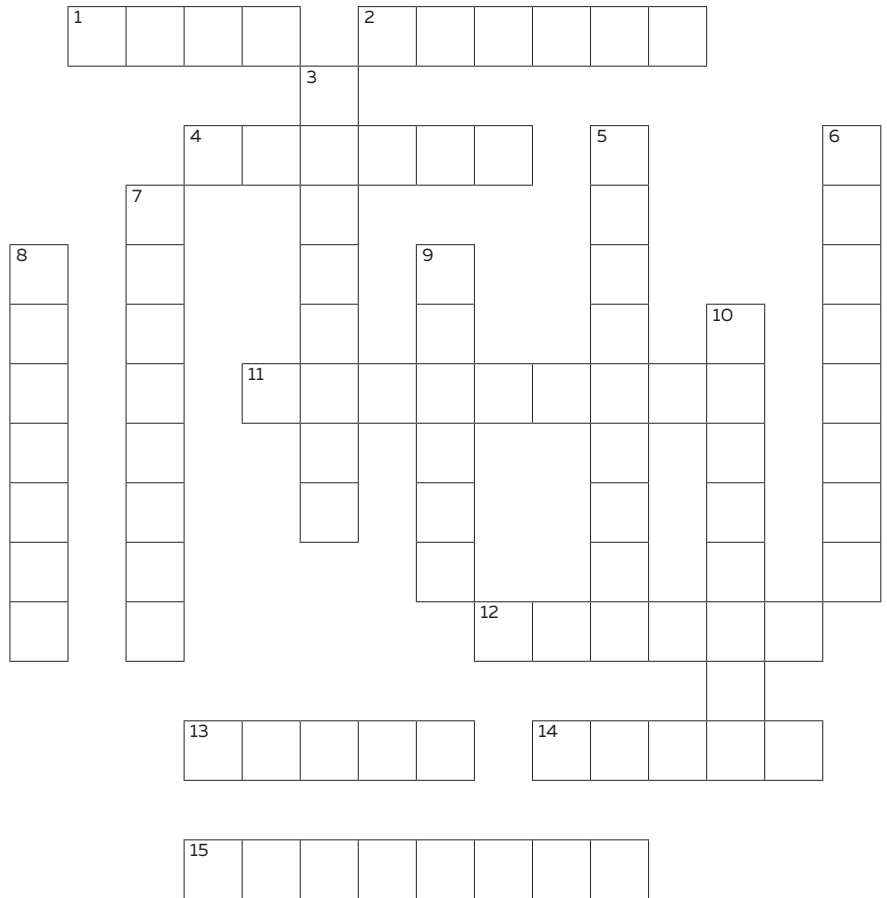
ANSWERS: Across: 1. Dawn 2. Digger 4. Wreath 11. Sacrifice 12. Spirit 13. Peace 14. Bugle 15. Remember
Down: 3. Cenotaph 5. Gallipoli 6. Trenches 7. Military 8. Silence 9. Parade 10. Memorial

PUZZLE OF THE MONTH

ANZAC crossword

Use the clues below
to fill in the ANZAC
inspired crossword.

You will find the answers
on page 22.



Across

1. The ANZACs landed at ANZAC Cove at _____.
2. Another name for an ANZAC soldier.
4. A circular band of flowers.
11. Many ANZACs made the ultimate _____ so we could be free today.
12. We often talk of the ANZAC _____
13. In Australia, we live in _____, free from violence.
14. The Last Post is play on this instrument.
15. Lest we forget. We will _____ them.

Down

3. A monument erected in memory of our ANZACs who are buried elsewhere.
5. _____ is in Turkey.
6. The _____ were full of disease, rats, and lice.
7. An army of armed forces.
8. On ANZAC day, we remember our fallen soldiers with a minutes _____.
9. The ANZACs and their family marched in the _____.
10. He laid the wreath in front of the _____.

Follow us on Social Media

We all love a laugh and we're always on the lookout for fun stories and photos. You're invited to share yours too on socials.



Share your stories

It's great to share your news and bring people together!

If you have a story, ideas, photos, jokes or anything else that will brighten the day and put a smile on a face, you can do it through this newsletter.

Text should be concise with photos of a high quality and submitted by email. Please note submissions may be edited. Drop us a line at catholichomes@catholichomes.com



Next edition

May 2025

Keep an eye out for the next edition of "Out & About".

p 1300 244 111

e catholichomes@catholichomes.com.au

catholichomes.com