

# OUT & ABOUT

MAY 2025

## International Nurses Day

We celebrate and express our gratitude to all the nurses in our residences.

## Mother's Day

Family joined us on Mother's Day for afternoon tea.

## Mad Hatter's Tea Party

Residents were whisked away into the world of Alice in Wonderland.





TRINITY

# Mother's Day high tea

Trinity celebrated Mother's Day with a high tea full of joy and connection.

The room was filled with pink, and roses decorated the tables. Families joined residents for the event, sharing laughter and sweet treats. Plates were stacked with scones, cakes, and sandwiches, and the tea kept flowing.

You could feel the love in the room and the live music added to the warm and lively atmosphere.

After tea we enjoyed a dance party. It was a great way to celebrate the amazing mothers who call Trinity home.

*Thanks to all our  
amazing staff and  
volunteers who helped  
make the day so special.*

# Welcome to our May edition

May was a wonderful month full of celebration and appreciation.

We celebrated all our wonderful mothers for Mother's Day and our nurses for International Nurses Day. Residences hosted many high teas with delicious food to mark the special occasions.

Time spent at home meant unleashing our creative side with many arts and craft workshops throughout the month. We also went on interesting excursions, visiting places that sparked old memories.

See you next month for another fun-filled edition of Out and About!



*After tea we  
enjoyed a  
dance party.*



## TRINITY



## WASO Concert

In May WASO was invited to perform at Trinity. The performance featured a string quartet.

The music was wonderful, and they played classical songs we all recognised. Residents enjoyed the live performance, humming and tapping their feet. It was a lovely afternoon, and we hope to have WASO return in the future.

*WASO played classical songs we all recognised.*

## Sensory activities

Trinity residents enjoyed sensory activities including beading encouraging focus and relaxation through gentle hands-on fun.



## Volunteers Week afternoon tea

Trinity hosted a special Volunteers Week afternoon tea to thank their dedicated volunteer staff.

Our volunteers play a vital role in running activities and events, bringing joy and support to residents. The afternoon was filled with gratitude and delicious treats to celebrate their valuable contributions.

*Thank you to our volunteers!*



## Men's luncheon

This month we held a men's luncheon where residents gathered to enjoy good food and conversation.

Chatting about the footy over their fish and chips and beer.





SISTER MARY GLOWREY

## Celebrating International Nurses Day

On International Nurses Day, we came together to celebrate and recognise the incredible dedication, compassion, and professionalism of the nursing staff who are at the heart of everything we do at Sister Mary Glowrey.

Our nurses do so much more than provide clinical care—they offer comfort, build trust, and form meaningful connections with residents and families every single day. Their kindness, patience, and tireless commitment are the backbone of our home.

To mark the occasion, we hosted a special afternoon tea to express our appreciation, with plenty of smiles, sweet treats, and heartfelt thanks shared among all. Residents and staff alike took time to express their gratitude, with cards, lollies, and a small token of appreciation to honour the vital role our nurses play in making this a warm and caring place to live and work.

To all our amazing nurses, thank you. Your work touches lives in ways that words can never fully express. We are so grateful for all that you do.

*“Their kindness, patience, and tireless commitment are the backbone of our home.”*

*To all our amazing nurses, thank you.*







SISTER MARY GLOWREY

## Men's group visit the RAAF Museum in Bull Creek

In May, the men's group enjoyed a fascinating outing to the RAAF Aviation Heritage Museum in Bull Creek, a day filled with stories from the past and some awe-inspiring aircraft.

From vintage planes to modern military displays, the museum offered a glimpse into Australia's aviation and defence history. Many of our residents found the experience particularly meaningful, sparking memories of their service, family history, or lifelong interest in aviation.

Highlights included walking through the buildings, viewing restored planes up close, and chatting about the engineering marvels on display.

*"A day filled with stories from the past and some awe-inspiring aircraft."*

*A highlight included viewing restored planes up close.*





SISTER MARY GLOWREY

## A morning of elegance and gratitude

On Friday, we celebrated the wonderful women in our lives with a special Mother's Day morning tea at Sister Mary Glowrey.

Inspired by the timeless charm of Breakfast at Tiffany's, the event was a beautiful blend of elegance, warmth, and appreciation.

Guests were greeted with a sea of Tiffany blue, classic pearls, and signature sunglasses, setting the tone for a morning full of style and sophistication.

Tables were adorned with delicate touches of sparkle. Our residents enjoyed a delicious spread, shared laughter, and took the time to connect and celebrate.

*Three lovely door prize winners and Breakfast at Tiffany's playing whilst the morning tea occurred.*



## Morning tea at Sirens Café

Our residents enjoyed a lovely trip up the road to Sirens Café at the St John Ambulance headquarters.

They took a short walk, soaking up the sunshine, before enjoying a cup of tea or coffee, and a small treat.



*Residents enjoyed a cup of tea or coffee, and a small treat.*



Join our Consumer Advisory Body



YOUR VOICE  
MATTERS IN  
AGED CARE

Catholic Homes invites clients, residents, families and representatives to join our Consumer Advisory Groups and shape the future of aged care.

To ensure your voice is heard, our Consumer Advisory Groups are actively engaged across six aged care facilities and Home and Community Care services.



For more information, chat with our team, scan the QR code or visit [catholichomes.com/consumer-advisory-body](https://catholichomes.com/consumer-advisory-body)



## ST VINCENT'S

## Memorial service

At the Memorial Service, all residents and family members came together to remember the residents who passed away.



## Arts and crafts

This month we enjoyed colouring in at home, a peaceful activity to partake in when you want to switch off and relax.

## May birthdays

We had two of our residents birthdays in May, Catherine and Diana.

We celebrated with a huge choc sprinkle cake. Happy birthday again to Catherine and Diana.

*Happy birthday!*



## Monthly book club

We started a monthly book club in May.

Residents who had recently read a book they liked, gathered to share their thoughts and recommendations from others.



## Baking banana bread

This month some of our residents attended a banana bread baking class. The smells in the room were delightful and everyone was eager to try their delicious creation.

*The banana bread was delicious!*



## ST VINCENT'S

## Care with Purpose job role

One of our residents, Malcolm, always helps to clean and sanitise the bingo cards after we play.

*Thanks  
Malcolm!*



## Mother's Day celebrations

This month, we celebrated Mother's Day by having a harp performance and a high tea for our residents.

We also made special potpourri bags for our female residents, they were very appreciative.



## OCEAN STAR

## International Nurses Day

On International Nurses Day, we celebrated and expressed gratitude to all the nurses in our home and around the world, of all ages.

Shayne and Hayley visited us in the family room to enjoy afternoon tea with the residents.

*Thank you to all  
of our nurses.*



## Fish and chips

Residents made the most of the last of the warmer days and had fish and chips outside in the courtyard.

Residents enjoyed an afternoon of mocktails and beach-themed music. We are very fortunate to have the Indian Ocean as our view from the family room window.



## OCEAN STAR

## Bunnings at home

This month we had a flowerpot workshop thanks to Tiffany from Bunnings.

Everyone enjoyed painting their very own terracotta pot. After we created our unique designs, we potted beautiful Chrysanthemums.

All residents thoroughly enjoyed the activity and look forward to more visits from Tiffany in the future.

*Thanks to Tiffany from Bunnings that ran the flowerpot workshop.*



## Eric the handy man

Eric, a former mechanic, was tasked with performing maintenance work on the residents' picture frames.

Residents had decorated their frames with an ocean theme of seashells, and Eric assisted the staff in hanging the frames back on the wall.



## Feast Day celebrations

Our Feast Day celebrations for Our Lady of the Sea, also known as the Feast of Stella Maris, is a Catholic feast day to honour Mary, the mother of Jesus, as a guiding light and protector for those at sea and in life's trials.

Sonia delivered an excellent introduction speech, followed by a blessing from Fr. Pierre and a morning tea for visitors, residents, and staff. Tony Monk lit the candle, and Else Gee got to cut the cake with her daughter Paula Mathieson.

*Sonia delivered an excellent introduction speech, followed by a blessing.*





## CASTLEDARE

## Whimsy and Wonder at the Mad Hatter's Tea Party

Residents at Castledare were whisked away into the whimsical world of Alice in Wonderland during a joyful Mad Hatter's Tea Party.

The setting was playfully decorated with storybook touches – mismatched tea sets, oversized playing cards, quirky signposts, eccentric teapots, and colourful props that brought the beloved tale to life. Staff embraced the fun, with Graeme appearing as the White Rabbit and Michele floating by as a graceful butterfly.

Residents got into the spirit of the day, sporting playful hats and broad smiles, while enjoying a delicious spread of pies, cakes, and domino-decorated biscuits.

Even those relaxing in their rooms joined in the fun, sharing a laugh when the White Rabbit came hopping by with a personal visit.

It was an afternoon filled with laughter, storytelling, and a dash of nonsense – a joyful celebration that reminded us all of the magic found in community and imagination.

*Staff embraced  
the fun, with  
Graeme appearing  
as the White  
Rabbit.*





## CASTLEDARE

## Edmund Rice Day celebrations

On 5 May, the Castledare community came together to celebrate Edmund Rice Day – an important occasion in our Catholic tradition.

Residents and staff were joined by senior leadership from Catholic Healthcare Inc. (CHI), who were warmly welcomed to take part in the celebrations.

To mark the day, our talented chef created a delicious spread of sweet and savoury delights, offering a special

moment of connection and community.

Edmund Rice, founder of the Christian Brothers, is revered for his dedication to education, social justice, and serving the poor. His mission to provide schooling for disadvantaged youth in 19th-century Ireland laid the foundation for Catholic education across the globe, including here in Australia.

His life of faith and service continues to inspire our shared values

of compassion, inclusion, and respect for the dignity of every person.

At Castledare, we are proud to honour his legacy and reflect on how his vision continues to shape our care and community today.

*Our chef created a delicious spread of sweet and savoury delights.*



## A special Mother's Day high tea

Castledare Village celebrated Mother's Day with a stylish and heartfelt high tea that brought together residents, families, and friends for a truly memorable afternoon.

The community centre was elegantly transformed, featuring black and rose-pink décor, with draped fabric flowing from the central chandelier and twinkling fairy lights that created a soft, inviting glow. Guests were welcomed with a celebratory glass of champagne or a refreshing mimosa to set the tone.

*Each resident received a printed poem from the Lifestyle Team.*

Our chef and hospitality team prepared a stunning selection of finger sandwiches, wraps, savoury nibbles, and beautifully presented sweets and pastries – each item crafted to perfection.

As a special gesture, each resident received a printed poem from the Lifestyle Team on behalf of Castledare, celebrating the spirit of motherhood in all its forms. The afternoon was filled with love, laughter, and cherished moments – a beautiful tribute to the remarkable women in our community.





## ARCHBISHOP GOODY



## Personal training activities

Our residents love their weekly PTA sessions, keeping active by playing balloon volleyball and stretching.

Many have seen great progress in their coordination and mobility.

*Residents enjoy stretching and playing volleyball.*



## Matilda Bay bus trip

We enjoyed a lovely outing to Matilda Bay this month.

It was a sunny, calm autumn day by the river where we fed and patted a friendly black swan that wandered over for a snack.



## Games at home

Residents have been enjoying each other's company and keeping their minds sharp by playing games of Dominoes and scrabble.

*Everyone loves the friendly competition.*



OUR RESIDENTS

Meet Tony

Some fun facts:

- My favourite movie is Legend of the Fall.
- If I could have dinner with anyone alive or passed, it would be my wife Lana.
- My favourite foods are black pudding on a Saturday morning.
- I love being at Catholic Homes because the company is great.
- My advice is keep your ears open and lips zipped.



*I love spending time reading books.*



ANSWERS: 1. Flowers 2. Mother 3. Beautiful 4. Kisses 5. Hugs 6. Appreciation 7. Children 8. Family 9. Caring 10. Holiday 11. Parent 12. Celebrate 13. Nurture 14. Grateful 15. Special

PUZZLE OF THE MONTH

Mother’s Day word scramble

Unscramble the Mother’s Day themed words below.  
Answers on page 25.

- 1. SFOEWRL
- 2. MHORET
- 3. UALFIEBTU
- 4. SISSEK
- 5. SUHG
- 6. RAAHIOPEPNTC
- 7. ECRDNIHL
- 8. LAMYFI
- 9. AGNCIR
- 10. LOHIDAY
- 11. ANPTRE
- 12. EATELRBEC
- 13. RTUEURN
- 14. FRUETGAL
- 15. PCSIAEL



## Follow us on Social Media

We all love a laugh and we're always on the lookout for fun stories and photos. You're invited to share yours too on socials.



# Share your stories

It's great to share your news and bring people together!

If you have a story, ideas, photos, jokes or anything else that will brighten the day and put a smile on a face, you can do it through this newsletter.

Text should be concise with photos of a high quality and submitted by email. Please note submissions may be edited. Drop us a line at [catholichomes@catholichomes.com](mailto:catholichomes@catholichomes.com)



## Next edition

**June 2025**

Keep an eye out for the next edition of "Out & About".

p 1300 244 111

e [catholichomes@catholichomes.com.au](mailto:catholichomes@catholichomes.com.au)

[catholichomes.com](http://catholichomes.com)